

## **Healthy Fundraising Alternatives**



## **Fundraising Without Cookies & Candy**

The following is a list of ideas for items to sell:

- Books
- Bumper stickers
- Child Care Center Calendars featuring special events and photos
- Candles
- Child care center spirit gear
- Christmas ornaments
- Coffee cups, mugs
- Child Care Center Cookbooks with recipes from each family and staff member
- Coupon books
- Crafts
- Emergency kits for cars
- First aid kits
- Flags spirit, seasonal, state, U.S.
- Flowers, bulbs, poinsettias
- Gift baskets
- Gift certificates
- Gift items
- Gift wrap, boxes, and bags
- Greeting cards
- Magazine subscriptions
- Pet treats/tovs
- Plant and flower seeds
- T-shirts, sweatshirts
- Tickets to a child care center talent show
- Tickets to a family game night at your child care center

## References

Creating Healthier Kansas Schools: Fundraising Ideas for Schools. *Kansas State Department of Education*. <a href="http://healthymeals.nal.usda.gov/hsmrs/Kansas/Fundraising%20Ideas%20for%20Schools.pdf">http://healthymeals.nal.usda.gov/hsmrs/Kansas/Fundraising%20Ideas%20for%20Schools.pdf</a>

Make Sure Your School's Fundraising Efforts Support Healthy Eating. *University of Minnesota Extension Service*. <a href="http://www.extension.umn.edu/family/W00034.pdf">http://www.extension.umn.edu/family/W00034.pdf</a>

Non-food alternatives for school rewards and fundraising. *Iowa State University: University Extension.* November 2009. Prepared by: Ruth Litchfield, Ph.D., R.D., L.D., Diane Nelson, and Jane Lenahan. <a href="http://www.extension.iastate.edu/Publications/PM2039A.pdf">http://www.extension.iastate.edu/Publications/PM2039A.pdf</a>

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